



Fun, Fitness, Friendship

**COLORADO RIVER WALKERS
RIPPLES**

AVA-077/TX-024

February 2012

Volume 32, No.2

Club website: <http://www.coloradoriverwalkers.org>

MCKINNEY ROUGHS VOLKSMARCH FEB 18

The workers' walk for the McKinney Roughs Volksmarch will be Sunday, February 12 at 1:00p.m. The admission for seniors is \$2. The walk will be the next Saturday, February 18th. I need more volunteers to work Saturday. Below is the sign-up sheet so you can see what positions are available. The 10K to the west of the park is very wet due to the 7 or so inches of rain in the last week. Unless it dries substantially, we will not be able to use that route. The dry 10K will be the one that goes down Riverside Trail to Pine Ridge. I want to change it somewhat, just to make it different, and that also goes for the 5K. Get excited and sign up to help. Call, email me, or see me at the next meeting. Also, we want to sell some breakfast snacks with coffee so we hope you can help in this area as well. Thanks so much.--Joann Fries



Right--The windmill marks the turnoff from Hwy 71 to McKinney Roughs.

MCKINNEY ROUGHS NATURE PARK WALK FEBRUARY 18, 2012

<i>Work Station</i>	<i>7:30am – 10:00 am</i>	<i>10:00 am – 12:00 noon</i>
<i>Event Coordinator</i>		
<i>Trailmaster</i>	<i>1. Joann</i>	
<i>Registration</i> 1. Will give out start cards 2. Will Ck start card is complete	<i>1. Sandy Harris</i> <i>2.</i>	<i>1. John Burtchell</i> <i>2.</i>
<i>Cashier – Collects money</i>	<i>1. Sam Harris</i>	<i>1. Charles Rogers</i>
<i>Start Table – Takes top of start card and gives out maps</i>	<i>1. Kathy Daly</i>	<i>1. Teri Hughes</i>
<i>Check Point #1</i>	<i>8:00am – 11:00am</i> <i>1. Mike McCormick</i>	<i>11:00am – 2pm</i> <i>1. Greg Sells</i>
<i>Check Point #2</i>	<i>8:00am – 11:00pm</i> <i>1. Mary Zeitler</i>	<i>11:00am – 2pm</i> <i>1.</i>
<i>Check Point #3</i> <i>On the new 10K</i>	<i>8:00am – 12:00pm</i> <i>1. Carol Obianwu</i>	<i>12:00pm – 3:00pm</i> <i>1.</i>

Finish	9:00am- 12:00pm	12:00pm – 3:00pm
	1.	1. <i>Stephanie Menteer</i>
Trail markers <i>FRIDAY 19th, 1:00PM</i>	1.	3.
	2.	4.
New Walker / Specialties	8:00am – 12:00am	12:00am – 3:00pm
PARKING LOT MANAGER	8:00am – 9am	9am- 10am
	1.	2.
SWEEPERS	2:00 - 3:00pm	2.
	1. <i>Karl Reich</i>	3.
REFRESHMENTS	1.	

BRING BAKED GOODS for WALKERS.... WE WILL ASK FOR A DONATION...

Workers walk is Sunday, 2/12 at 1:00pm. See you there. Contact Joann at 480-0291 if you would like to help!

MEETING—FEBRUARY 13, ELKS LODGE

Our next meeting will be Monday, February 13 at 6:30 PM in the Elks Lodge, 700 Dawson Road. Dawson is off of Barton Springs Road between South Lamar Boulevard. and South First Street. The lodge is two blocks south of the light at Barton Springs Road and Dawson (there is a First Stop convenience store near that light), and on the right (west) side of Dawson.

SAVE THE DATES! Sunday, March 18 and Saturday, March 31

In preparation for the March 31 Girl Scout Walk-Together of the Brushy Creek YRE, Colorado River Walkers are invited to join several of the Girl Scouts who will staff the event for a Workers Walk on Sunday, March 18. Join us as we walk the 10K YRE for fun and consider mentoring the Scouts about how to work the start/finish and checkpoints when the area troops are invited to earn the AVA Walk-Together patch on March 18.

Meet at the Twin Lakes YMCA at 204 E. Little Elm Trail, Cedar Park, TX 78613 at 1:30 p.m.

Directions:

NORTHBOUND on I-35. Merge onto US-183 N via Exit 240B towards Research Blvd. Travel about 12 miles. Continue straight under the TX-183A-Toll N sign (however, you will exit before reaching the Toll road). Pass the Lakeline Mall & the Lakeline Blvd exits. Take exit for US-183/Avery Ranch Blvd. Follow US-183, turning left under the freeway and veer right at 2nd signal light (US-183/Bell Blvd). Take first right onto E. Little Elm Trail. You'll see a sign for Twin Lakes Park. Take first right into YMCA. Parking lot is on your left; building entrance on your right.

SOUTHBOUND on I-35. Turn right onto FM-1431 W. Travel 8.5 miles. Turn left onto N Bell Blvd/US-183. Turn left onto E Little Elm Trail. You'll see a sign for Twin Lakes Park. Take first right into YMCA. Parking lot is on your left; building entrance on your right.—*Carol Castlebury*

REVISED GEORGETOWN YRE INAUGURATED

About fifteen members showed up to do the new revised Georgetown Walk, Sunday, January 29, 2012. Carol Obianwu and Mary Zeitler gave a hand to Colin Johnston, the contact person for the Georgetown YRE, by rewriting the instructions, changing the route and recognizing all special designations along the route. Colin was there to greet us and join in the walk. It was really great fun walking as a group and all enjoyed beautiful Georgetown, the San Gabriel River and part of the University. We'll have to plan another one really soon. Thank you Carol and Mary for all your hard work!--*Joann Fries*

MILESTONES

The following club members have achieved IVV Awards:

Carol Obianwu	500 Events
Carol Obianwu	525 Events
Carol Obianwu	550 Events
Carol Obianwu	5,500 Km
Mary Zeitler	200 Events

Congratulations, River Walkers!

NEW MEMBERS

The following people have joined CRW in the past month. Welcome!

Lynn Holmgren

EXPIRING MEMBERSHIPS

Expiring February 29

Kathleen Hackett

Mike McCormick

Paula Stewart

Expired December 31

Theresa Bayoud

Expired November 30

Ann Cabot

Patricia Maner

Fran Rush

Expired October 31

Ruth Ann Marsh

Please send your renewal fee, along with the membership form from the last page of this newsletter, to Sam Harris, treasurer.

PAST DUE MEMBERS

The following members are more than three months past due. If they don't renew their memberships, they are in danger of being dropped from the membership list.

Mary Gold

Elaine McDade

COLORADO RIVER WALKERS CALENDAR

Saturday, February 12. Workers' Walk, McKinney Roughs, 1 p.m.

Monday, February 13... Meeting-Elks Lodge, 700 Dawson Road, 6:30 p.m.

Saturday, Feb 18..... McKinney Roughs Nature Park volksmarch

Sunday, March 18..... Workers' Walk for Brush Creek walk-together, 1:30 p.m.

Saturday, March 31.... Walk-Together with Girl Scouts, Brushy Creek

2011-2012 CRW OFFICERS

President	Greg Sells	443-6461
Vice President	Jo Ann Fries	480-0291
Treasurer	Sam Harris	828-1229
Corresponding Secretary	Sandi Harris	659-5864
Recording Secretary	Carol Obianwu	928-9301

CRW COMMITTEE CHAIRS

Equipment Monitor	vacant	
Girl Scout Liason	Carol Castlebury	422-9875
Historian	Mary Zeitler	345-5337
Publicity	Greg Sells	443-6461
Ripples Editor	Mike McCormick	832-1039
Special Contact	Mary Zeitler	345-5337
Specialties & Awards	Kathy Daly	837-8966
Walk Data Manager	Nancy Middlebrook	442-8528
Webmaster	Stephanie Menteer	292-8644
YRE Contact--Austin	Carol Obianwu	928-9301

YRE Contact--Georgetown	Colin Johnston	868-2882
YRE Contact--Pflugerville	Karl Reich	581-1827
YRE Contact--Round Rock	Mike McCormick	832-1039

UPCOMING EVENTS

Sat 2/11/2012 - 10K and 6K Walk
 Del Webb's Hill Country Resort Center
 San Antonio - Del Webb Hill Country Retreat
 Randolph Roadrunners
 Ellen Ott, (210) 723 – 8574
E-Mail: ellenott@sbcglobal.com
Club Website: www.randolphroadrunners.info

Sat 2/18/2012 - 10K and 5K Walk
 McKinney Roughs Nature Park
 Cedar Creek - McKinney Roughs Nature Park Volksmarch
 Colorado River Walkers
 Joann Fries, (512) 480 – 0291
E-Mail: joannwoolf@aol.com
Club Website: www.coloradoriverwalkers.org/

Sat 2/18/2012 - 10K and 5K Walk
 Lions Park
 Jefferson - Jefferson Mardi Gras Celebration
 East Texas Trekkers
 Helen Hull, (972) 530 - 1026
E-Mail: helenthehun@yahoo.com
Club Website: www.Walktx.org/EastTexasTrekkers/

Sat 2/25/2012 - 15K, 10K, and 5K Walk
 Lady Bird Johnson Trailhead
 San Antonio - Salado Creek Greenway
 Texas Wanderers
 Gerald Kamicka, (210) 658 - 2160
E-Mail: GeraldK726@aol.com
Club Website: www.walktx.org/TexasWanderers

Sat 2/25/2012 - 10K and 5K Walk
 Fort Anahuac Park Pavilion
 Anahuac - Fort Anahuac
 Houston Happy Hikers
 Catherine Kellner, (979) 478 - 6203
E-Mail: hhhpresident@houstonhappyhikers.org
Club Website: www.houstonhappyhikers.com

Sat 3/3/2012 - Sun 3/4/2012 - 10K and 5K Walk
 Old Fire Station on Courthouse square and other start to be announced
 Fayetteville
 Texas Volkssport Assn.
 Phyllis Eagan, (210) 496 – 1402
E-Mail: paprel947@yahoo.com
Club Website: walktexas.org

Sat 3/10/2012 - 10K and 5K Walk
 Texas Star Winery, 29311 FM149
 Richards - Sam Houston State Forest/Lone Star Trail
 Brazos Valley Trailblazers
 Patricia Salzmann, (979) 774 - 9038
E-Mail: bvtrailblazers@gmail.com

Sat 3/10/2012 - 10K and 5K Walk
 Market Street at Watters Creek

Allen
 Plano Walking Club
 Maggie Cole, (469) 233 - 0161
E-Mail: MaggieC01@verizon.net
Club Website: www.walktx.org/planowalkingclub

Sat 3/10/2012 - Sun 3/11/2012 - 10K and 5K Walk
 Valero Trailhead, Leon Creek Greenway
 San Antonio - Leon Creek Greenway walk - Spring Oddathon
 BTC Oddsports Club
 Clay Baulch, (210) 204 – 9301
E-Mail: btco@satx.rr.com
Club Website: faculty.sulross.edu/cbaulch/index_files/Page615.htm

Sat 3/10/2012 - Sun 3/11/2012 - 25 Km Bike
 Valero Trailhead, Leon Creek Greenway
 San Antonio - Leon Creek Greenway bike-Spring Oddathon
 BTC Oddsports Club
 Clay Baulch, (210) 204 – 9301
E-Mail: btco@satx.rr.com
Club Website: faculty.sulross.edu/cbaulch/index_files/Page615.htm

To view more events go to the TVA website: <http://walktexas.org/events/tva99.htm>,
 or the AVA website: <http://ava.org/walk/cal.htm>
 For a PDF printable version of the Ripples, go to: <http://www.coloradoriverwalkers.org>

COLORADO RIVER WALKERS MEMBERSHIP FORM

Check one: New ___ Renewal ___ Change ___
 Dues are \$10.00 per year for individual or family membership
 or \$100.00 for lifetime membership

Type of membership: Individual ___ or Family ___
 Length of membership: Years ___ Lifetime ___
 Name: _____
 Address: _____
 City: _____
 State: ___ Zip: _____
 Email Address: _____
 Home phone: _____
 Work phone: _____

Name tags are available for \$15.00 each. Please print
 name exactly as you want it on your CRW name tag.

No. of tags _____
 Amount Enclosed: _____

Mail to: Sam Harris
 2012 Krizan
 Austin, TX 78727-3224